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While it's great to excel in sports, dance, theater, art, science, or whatever else interests you, it is even greater to excel in character. And practicing sportsmanship in your activities is a wonderful way to do just that! Then you can become the best you can be not just in your activity but in your life as well!

- John Wooden

SACS and Rondebosch both have a proud rugby tradition and heritage. Over the years the fixture has been keenly contested by both sides, with the spoils being shared in recent games between the two teams. This is the 169th match between the schools. Both schools advocate participation and enjoyment above all other criteria and this wonderful approach has benefited both schools in producing outstanding sportsmen across various sporting codes, particularly on the rugby field.

Rondebosch played its first ever rugby match in 1908 against an extremely strong Bishops side and lost 112 - 0. A lesson SACS had been taught a 46 years earlier against the self-same side. The first official fixture between SACS and Rondebosch is documented to have been held during World War One, but both schools had still not ceded their colleges and many of the players were older than the u19 age group we associate the game with at schoolboy level today. Both schools have been playing the game of rugby for over one hundred years and the rivalry seems to intensify, positively, each and every year.

This Saturday SACS host Rondebosch and the game will be as absorbing as it has been in the past. SACS and Rondebosch have an extremely healthy respect for each other and this will no doubt be evident from the way the players behave on the field to the way supporters carry themselves on the touchline.

Spectemur Agendo

Altius Et Latius

SACS	OPPOSITION	FIELD	TIME
1ST XV	RONDEBOSCH	MEMORIAL 'A'	11.30
2ND XV	RONDEBOSCH	MEMORIAL 'A'	10.15
3RD XV	RONDEBOSCH	MEMORIAL 'A'	9.00
4TH XV	RONDEBOSCH	DE VILLIERS	10.20
5TH XV	RONDEBOSCH	DE VILLIERS	9.10
6TH XV	RONDEBOSCH	DE VILLIERS	8.00
7TH XV	BYE		
U/16 A	RONDEBOSCH	MEMORIAL 'B'	10.10
U/16 B	RONDEBOSCH	MEMORIAL 'B'	8.00
U/16 C	BYE		
U/16 D	BYE		
U/15 A	RONDEBOSCH	MEMORIAL 'B'	9.10
U/15 B	RONDEBOSCH	SPENCER-SMITH	8.00
U/15 C	RONDEBOSCH	SPENCER-SMITH	10.00
U/15 D	RONDEBOSCH	SPENCER-SMITH	9.00
U/15 E	BYE		
U/14 A	RONDEBOSCH	JUNIOR SCHOOL "A"	10.00
U/14 B	RONDEBOSCH	JUNIOR SCHOOL "A"	9.00
U/14 C	RONDEBOSCH	JUNIOR SCHOOL "B"	10.00
U/14 D	RONDEBOSCH	JUNIOR SCHOOL "B"	9.00
U/14 E	BYE		



SACS 1st XV vs Rondebosch. 17th August 2013. Photo by Gail Barnard



SACS campus becomes very congested on Saturday mornings. Please enter from the lower, Main Street, entrance. We have a large parking area at the Aquatic Center, indicated below, which we recommend. This is a short 100m walk up to the fields and is a shorter walk to the Astro.



Bathrooms

Toilet facilities for ladies are available at the Old Boys Pavilion and next to the Hofmeyer Hall. The gents may use the toilets at the gym, which is opposite the pool.

Catering

Bacon and eggs rolls, filter coffee, cooldrinks and Prego Rolls are available from the white “caravan” next to the electronic scoreboard. Donuts, chips, chocolates and more are available from the tuckshop at the Old Boys Pavilion.

Fields

There is a large image of the campus behind the large electronic scoreboard, which shows the location of the various fields.

“Realise that without the ref there would be no game. He didn’t write the ELV’s and didn’t invent the tackle law and is also trying to enjoy himself.”

- Graeme Wepener



Past Results from last 10 years

SACS score first -

	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
A	0-5	14-37	16-9	48-19	7-13	21-52	12-20	15-19	26-6	18-41
H	14-12	3-17	22-14	14-7	10-16	DNP	14-44	5-10	36-17	17-18

Fundamental is to remember the following definition of good sportsmanship at all times:

- Play fair;
- Follow the rules of the game;
- Respect and accept the decisions of referees and officials;
- Treat the opponents with respect and be humble in victory and gracious in defeat.

Please can all spectators remain behind the ropes. Coaches are please to stay off the field of play and remain behind the dead ball lines at all times.

Harrington's
DRY CLEANERS

