



## SACS vs Stellenberg 19 May

### A brief history of this fixture

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On Saturday SACS host Stellenberg in what is an eagerly anticipated encounter by both schools. Stellenberg High School is situated in the Northern suburbs and was established in 1986. It is a dual-medium school as well as co-educational. While SACS may have been established a fair few number of years before this, it will count for very little on Saturday when the respective sides do battle on the rugby field.

In recent times both SACS and Stellenberg have invested time and effort in their rugby coaching while maintaining the important ethos of playing hard and fair. SACS first team have managed to hold sway over their rivals in recent times, but all the games have been extremely close and have gone down to the wire. Both sets of players and supporters are reminded of the respecting the officials during the matches, providing positive support from the touchline and most importantly enjoying the school boy rugby on Saturday.

### Past results against the two schools

SACS 21 – Stellenberg 20 (2006)  
SACS 7 – Stellenberg 16 (2010)  
SACS 24 – Stellenberg 11 (2012)  
SACS 38 – Stelenberg 23 (2013)  
SACS 13 - Stellenberg 27 (2014)  
SACS 18- Stellenberg 13 (2015)

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While it is great to excel in sports, dance, theater, art, science, or whatever else interests you, it is even greater to excel in character. And practicing sportsmanship in your activities is a wonderful way to do just that! Then you can become the best you can be not just in your activity but in your life as well!

- John Wooden

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## FIXTURES TIMES

<b>SACS</b>	<b>OPPOSITION</b>	<b>FIELD</b>	<b>TIME</b>
1ST XV	STELLENBERG	MEMORIAL 'A'	11.45
2ND XV	STELLENBERG	MEMORIAL 'A'	10.30
3RD XV	STELLENBERG	MEMORIAL 'A'	9.15
4TH XV	STELLENBERG	MEMORIAL 'A'	8.00
5TH XV	<i>MELKBOS HIGH</i>	<i>AWAY (A-FIELD)</i>	11.35
6TH XV	STELLENBERG	MEMORIAL 'B'	10.20
7TH XV	<i>MELKBOS HIGH</i>	<i>AWAY (A-FIELD)</i>	9.35
U/16 A	STELLENBERG	MEMORIAL 'B'	9.10
U/16 B	STELLENBERG	MEMORIAL 'B'	8.00
U/16 C	<i>MELKBOS HIGH</i>	<i>AWAY (A-FIELD)</i>	10.45
U/16 D	<i>ST. JOSEPH'S</i>	<i>AWAY (WED)</i>	4.00
U/15 A	STELLENBERG	DE VILLIERS	10.10
U/15 B	STELLENBERG	DE VILLIERS	9.05
U/15 C	<i>MELKBOS HIGH</i>	<i>AWAY (A-FIELD)</i>	8.30
U/15 D	<i>MELKBOS HIGH</i>	<i>AWAY (B-FIELD)</i>	10.05
U/14 A	STELLENBERG	DE VILLIERS	8.00
U/14 B	STELLENBERG	DE VILLIERS "B"	10.00
U/14 C	STELLENBERG	DE VILLIERS "B"	9.00
U/14 D	<i>BISHOPS</i>	<i>AWAY (WED)</i>	4.00
U/14 E	<i>MELKBOS HIGH</i>	<i>AWAY (B-FIELD)</i>	9.00


  
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SACS campus becomes very congested on Saturday mornings. Please enter from the lower, Main Street, entrance. We have a large parking area at the Aquatic Center, indicated below, which we recommend. This is a short 100m walk up to the fields and is a shorter walk to the Astro.



### Bathrooms

Toilet facilities for ladies are available at the Old Boys Pavilion and next to the Hofmeyer Hall. The gents may use the toilets at the gym, which is opposite the pool.

### Catering

Bacon and eggs rolls, filter coffee, cooldrinks and Prego Rolls are available from the white “caravan” next to the electronic scoreboard. Donuts, chips, chocolates and more are available from the tuckshop at the Old Boys Pavilion.

### Fields

There is a large image of the campus behind the large electronic scoreboard, which shows the location of the various fields.

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*“Realise that without the ref there would be no game. He didn’t write the ELV’s and didn’t invent the tackle law and is also trying to enjoy himself.”*

- Graeme Wepener

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Please be considerate when parking. There are driveways which are in use throughout the morning, so please do not obstruct them.

We hope you have a very enjoyable day at SACS High School and we look forward to hosting you at our school.

Fundamental is to remember the following definition of good sportsmanship at all times:

Play fair;  
Follow the rules of the game;  
Respect and accept the decisions of referees and officials;  
Treat the opponents with respect and be humble in victory and gracious in defeat.

Please can all spectators remain behind the ropes. Coaches are please to stay off the field of play and remain behind the dead ball lines at all times.

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